

Transcript of the workshop of Gesine Otto:

„Fit for fairness – The attitude of mediation from the beginning“

Mediation can show children, teenagers and adults a helpful way out of a disagreement, a conflict or a crisis. In order to demonstrate this way to everybody in a justifiable manner concerning every age without having any knowledge about mediation is possible with the mediation concept "Fairness in RED-YELLOW-GREEN" and the associated instrument "The FAIRNESS-Circle" developed and successfully done by Gesine Otto since 2000. The contentual occupation of the three colours serve as a differing regard of conflict- and general life situations and are based on a structure we are used to, for example the traffic light or the meanings of the coloured button of an ec card machine while paying.

The motto is: "We don't have to do the things the way we've been taught only because we know them in this way" (song of Die Sterne, a German music band). Transfer: We don't have to quarrel the way we know, there is also another way of quarrelling, in a fair way. Or: We don't have to play the known RED game with chairs and music "Going TO Jerusalem" the way we know, we can also play the GREEN version "Going AWAY FROM Jerusalem". Or: We don't have to tell the tale "Little Red Riding Hood" the way we know, we might as well ask the wolf, as he is an involved character just the same and tells a whole different side of the story. The mediation concept is completely related to a discussion of our own concept of human beings and of our Western culture.

"Fairness in RED-YELLOW-GREEN" includes the basics of mediation (Winner-Loser-Model, Iceberg Model, Program of Negotiation, Levels of Escalation etc.) and connects these with different areas of our every day life for all ages (games, songs, films as well as exercises in maths etc.) to show the existing fairness as well as the missing fairness. In order to simplify this, all the contents are connected with those colours. This is done with the instrument "The FAIRNESS-Circle". It is not the aim or idea to devaluate or push RED aside, but to see it and to analyse it in a constructive way to search GREEN channels for RED energies.

The message is: Nothing can be looked at as only good or only wrong, meaning there is not only black and white, but so to speak RED-YELLOW-GREEN.